

**ZABA CATERING**  
UNIVERSITY  
FEBRUARY 2020 FOOD MENU

3.02.2020		4.02.2020		5.02.2020		6.02.2020		7.02.2020	
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
LENTIL SOUP	140	FARM SOUP	115	PASTA WITH OLIVES	154	LENTIL SOUP	215	TATAR SOUP	
YOGHURT SOUP	155	SOUP WITH MOTHER AND DAUGHTER	165	LENTIL SOUP	133	PATATO SOUP WITH LEEK	165	LENTIL SOUP	
CHICKEN ROASTING	341	DRIED BEANS WITH MEAT	351	YUFKA KEBAB	388	MEATY CABBAGE WRAP	296	TEKIRDAĞ KÖFTE	
SAUTÉED MEAT WITH VEGETABLES	255	CHICKEN CHOPS WITH TOMATO SAUCE	355	TRAY KEBAB WITH MINCE	246	HEN TANTUNI	228	BAKED POTATOES WITH MINCED MEAT	
MEATLESS CAULIFLOWER	251	YOĞURTLU ŞEHZADE	146	MEATLESS CHARD ROASTING	184	MUSHROOM ROASTING	211	MEATLESS PEAS	
SPAGHETTI PASTA WITH COLORED PEPPERS	226	GREEN LENTIL YESIL SALAD	376	WHEAT RICE	484	WATER PIES	103	Z. oily cauliflower	
WHEAT RICE	375	PASTA WITH OLIVES	309	CHEESE NOODLES	335	EGGPLANT IN SAUCE	382	BUTTERED RICE RICE	
FRUITS	60	FRUITS	60	FRUITS	60	FRUITS	60	FRUITS	
10.02.2020		11.02.2020		12.02.2020		13.02.2020		14.02.2020	
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
ANDLOUSE SOUP	142	WEDDING SOUP	130	CHICKEN SOUP	114	MUSHROOM SOUP	165	LENTIL SOUP	
LENTIL SOUP	155	MINISTRONE SOUP	144	CREAM TOMATO SOUP	125	BROKOLI SOUP	215	MORE SOUP	
STEWING CHICKEN	255	MEATY CHICKPEAS	298	ROSTO MEATBALLS	276	MEAT DONER	320	MEATY MANTI	
CRISPY COATED DUMPLINGS	358	BUĞU KEBAB	299	BEEF STRAGANOF	248	CHICKEN WITH SAUC	215	CHICKEN LITTER SKEWERS	
MEATLESS CELERY	255	MEATLESS VEGETABLES IN STEW	382	MEATLESS GREEN LENTILS	215	Cauliflower Fried	325	MEATLESS POTATO MOUSSAKA	
PASTA WITH CHEDDAR	372	RICE PILAF	355	MINI ROLL PASTRY	372	BRASS RICE WITH BARLEY CITY	255	Z.FATTY RED BEANS	
RICE RICE WITH ALMONDS	375	BULGURLU PRAIRIE RICE	320	PASTA WITH VEGETABLE SAUCE	215	BÖRÜLCE SALAD	376	WHEAT RICE	
FRUITS	60	FRUITS	60	FRUITS	60	FRUITS	60	FRUITS	
17.02.2020		18.02.2020		19.02.2020		20.02.2020		21.02.2020	
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
LENTIL SOUP	130	CHICKEN SOUP	132	NOODLE SOUP	122	YÖRÜK SOUP	154	LENTIL SOUP	
NOODLE SOUP	155	GARDENER'S SOUP	154	LENTIL SOUP	134	SEBZE ÇORBA	114	MUSHROOM SOUP WITH PURSLANE	
ALEXANDER THE LIAR	352	ALBANIAN LIVERS-ONIONS+CLOVES	243	CHICKEN WITH VEGETABLES	329	DANA PLANTİN	297	FISH PAN	
HİNDİ TANDOOR	215	DOM.SAUCE.OVEN CHICKEN BREAST	328	MEAT TANTUNI	215	DALYAN DUMPLINGS	352	SAUTÉED ORANGE CHICKEN	
MEATLESS BROCCOLI	352	MEATLESS LEEK	315	SPINACH WITH EGGS	215	BÜRÜKSEL KALE WITHOUT MEAT	166	MEATLESS FRESH BEANS	
PRAIRIE RICE	355	MACARONI AND CHEESE	376	WHEAT RICE	325	SPAGHETTI PASTA	372	CORN RICE RICE	
BULGUR RICE WITH CHICKPEAS	256	ROSE BURRITO	332	MIXED ROAST	376	RICE RICE WITH NOODLES	337	NOODLE	
FRUITS	60	FRUITS	60	FRUITS	60	FRUITS	60	FRUITS	
24.02.2020		25.02.2020		26.02.2020		27.02.2020		28.02.2020	
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
VEGETABLE SOUP	165	LENTIL SOUP	151	TOMATO SOUP WHEAT	154	LENTIL SOUP	128	TARHANA SOUP	
FARM SOUP	215	CREAM MUSHROOM SOUP	132	CREAM TOMATO SOUP	115	KARALAHANA SOUP	165	LENTIL SOUP	
MIXED GRID	278	BEEF STRAGANOF	342	LIVER PAN	205	MIXED DRY STUFFING	326	DRIED BEANS WITH MEAT	
TAS KEBAB WITH MUSHROOMS	255	MEATBALLS WITH VEGETABLES	285	CHICKEN STEAK WITH FAJITA SAUCE	215	MINCED TIRIT	375	CHICK WOMANBUDU DUMPLINGS	
MEATLESS CABBAGE	145	MEATLESS CAULIFLOWER	166	FRESH BLACK BEAN WITHOUT MEAT	351	POTATO BALLS WITH CHEDDAR	145	CHICK WOMANBUDU DUMPLINGS	
BULGUR RICE WITH CHICKPEA	484	WATER PIES	377	RICE RICE WITH ALMONDS	355	PASTA WITH BOLENEZ SAUCE	199	RICE RICE WITH CHICKEN	
RICE PILAF	385	PASTA WITH NEAPOLITAN SAUCE	376	BULGUR RICE WITH NOODLES	351	Z.GREASY CELERY	322	SALÇALI COUSCOUS	
FRUITS	60	FRUITS	60	FRUITS	60	FRUITS	60	FRUITS	

*Mandatory changes can be made to the menu if no material is available. Submits for your information.*