

**ZIBA CATERING**  
UNIVERSITY  
OCTOBER 2019 FOOD MENU

1.10.2019		2.10.2019		3.10.2019		4.10.2019	
TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
120	YOGHURT SOUP	117	MUSHROOM SOUP	128	LENTIL SOUP	154	SUNDRIED FOOD MADE OF CURD, TOMATO AND FLOUR
145	TOMATO SOUP WITH VEGETABLES	125	BROCCOLI SOUP	180	DADAŞ SOUP	144	TERBİYELİ GENDİME SOUP
210	chopped vegetable gratin	255	steak with sauce	358	MEAT TANTUNI	215	alipaşa meatball
255	the mixed grill	255	meatballs with colored pepper	255	BOILED CHICKEN	250	FINGER KEBAB
295	KAŞARLI PATATES TOPLARI	145	BAKED CAULIFLOWER WITHOUT MEAT	165	MEATLESSHARICOT BEAN	155	Okra pan
376	WHEAT RICE	320	PASTA WITH BUTTER	304	ORZO PILAF	125	olive oil red mullet
285	PASTA WITH BBQ SAUCE	312	Eggplant with sauce	152	Celery with olive oil	372	PILAF WITH RICE
60	fruit	60	fruit	60	fruit	60	fruit
7.10.2019		8.10.2019		9.10.2019		10.10.2019	
MONDAY		TUESDAY		WEDNESDAY		THURSDAY	
135	LENTIL SOUP	142	VEGETABLE CHICKEN WATER SOUP	165	WEDDING SOUP	144	CREAM OF TOMATO SOUP
150	WHEAT SOUP	108	ŞİPŞEREK SOUP	113	KARALAHANA SOUP	154	LENTIL SOUP
290	sour cherry ragout	243	meatballs with yogurt	296	CHICKEN WITH SOYA SAUCE	255	CHICKEN GRILL
245	CHICKEN BOTTLE	356	Kebab with vegetables	255	ÇÖKERTME KEBABI	240	SPINACH MASHED MEAT SAUTÉ
195	potato moussaka	155	leek meatless	155	CRAZY LENTIL	112	BÜRÜKSEL KALE WITHOUT MEAT
328	WHEAT RICE	376	PASTA WITH OLIVE	122	RICE PILAF WITH BUTTER	155	SPINACH WITH OLIVE OIL
328	peppered couscous with tomatoes	165	POUF PASTRY	156	FRESH BEANS WITH OLIVE OIL	372	PILAF WITH RICE
60	fruit	60	fruit	60	fruit	60	fruit
14.10.2019		15.10.2019		16.10.2019		17.10.2019	
MONDAY		TUESDAY		WEDNESDAY		THURSDAY	
154	CHOWDER SOUP	252	LENTIL SOUP	128	noodle soup with milk	165	SUNDRIED FOOD MADE OF CURD, TOMATO AND FLOUR
130	MUSHROOM SOUP	165	CHICKEN BROTH SOUP	142	mengen soup	151	WEDDING SOUP
320	CHICKEN WITH SAUCE	290	TURKISH RAVIOLI	358	dry dumplings	255	meat saute
246	GET ADANA MEATBALLS	338	CHICKEN TANTUNI	155	EGGPLANT PUREE WITH YOGHURT SERVED WITH SEASONED GROUND MEAT	223	Potato Pureed Kebab
115	MEATLESS SPINACH	155	SPICY TURKISH OMLETTE	152	BAKED VEGATABLES	115	CHICK PEA WITHOUT MEAT
332	PASTA WITH CHEDDAR	326	MIXED FRYING	244	SPAGHETTI WITH TOMATO WITH PEPPER	251	acacia rice
293	PRAIRIE PILAF WITH WHEAT	155	RICE WITH ALMOND	310	ROLLED PASTYR	225	PASTA WITH YELLOW CHEESE
60	fruit	60	fruit	60	fruit	60	fruit
21.10.2019		22.10.2019		23.10.2019		24.10.2019	
MONDAY		TUESDAY		WEDNESDAY		THURSDAY	
165	WHEAT SOUP	138	LENTIL SOUP	132	TOMATO SOUP WITH STOGER	154	NOODLE SOUP
155	GARDENER'S SOUP	142	WINTER SPRING SOUP	122	CARROT SOUP	155	KAZDAĞI ÇORBASI
358	DUMPLINGS WITH SAUCE	250	INDIAN CHICKEN SAUTE	255	MEAT RETURNS	246	AUBERGINE KARNİYARIK
255	ÇİFTLİK KEBAB	276	TRAY KEBAB	296	SEASONED CHICKEN WING	255	ZIBA TEKİRDAĞ MEATBALL
195	MEATLESS ARTICOKES	166	MEATLESS MUSHROOM SAUTÉ	197	MEATLESS FRESH BEANS	155	MEATLESS PURSLANE
321	BUTTERED PASTA	372	CHEESE TRAY PASTRY	376	PILAF WITH RICE	350	WHEAT RICE
225	ZUCCHINI WITH OLIVE OIL	250	MENGEN RICE	320	PEAS WITH OLIVE OIL	260	PASTA WITH SAUCE
60	fruit	60	fruit	60	fruit	60	fruit
28.10.2019		29.10.2019		30.10.2019		31.10.2019	
MONDAY		TUESDAY		WEDNESDAY		THURSDAY	
165	HIGHLAND SOUP	140	LENTIL SOUP	129	CREAM MUSHROOM SOUP		ZIBA CAUCASIAN SOUP
155	BROCCOLI SOUP	134	MUSHROOM SOUP WITH PURSLANE	154	VEGETABLE SOUP		LENTIL SOUP
235	ROAST CHICKEN IN THE OVEN	263	NOODLE STEW	258	MEATBALLS WITH VEGETABLES ON PAPER		FISH PAN
296	DANA TANDOOR	205	İZMİR MEATBALLS	255	MIXED GRID		POTTED KEBAB WITH CHICKEN
144	MEATLESS STUFFED	145	MEATLESS VEGETABLES IN STEW	185	MEATLESS OVEN CAULIFLOWER		MEATLESS PEAS
255	PASTA WITH VEGETABLE SAUCE	322	FRESH BEANS WITH OLIVE OIL	260	CIGARETTE BURRITO		EGYPTIAN RICE RICE
376	BULGUR RICE WITH LENTILS	310	BUTTERED RICE RICE	328	PASTA WITH VEGETABLES		PUFF PASTRY
60	fruit	60	fruit	60	fruit		fruit

*Mandatory changes can be made to the menu if no material is available, Submits for your information.*